

“
ANYTHING THAT
GOES ON YOUR
BODY SHOULD BE
SAFE ENOUGH TO
GO IN YOUR BODY
”

*D. Gary
Young*

<https://thelavendermovement.com>

A border of dried lavender flowers and buds surrounds the central text area.

1

DECISION
THAT CHANGED
EVERYTHING

*your health...
elevated*

<https://thelavendermovement.com>



YOUNG LIVING?



PURITY. PEOPLE. PRODUCTS.

3 things Young Living cares deeply about and daily seeks after. By focusing on

SOURCING, SCIENCE AND STANDARDS

we have confidence that all of the products we buy are of the highest quality

<https://thelavendermovement.com/why-yl>

Why ESSENTIAL OILS

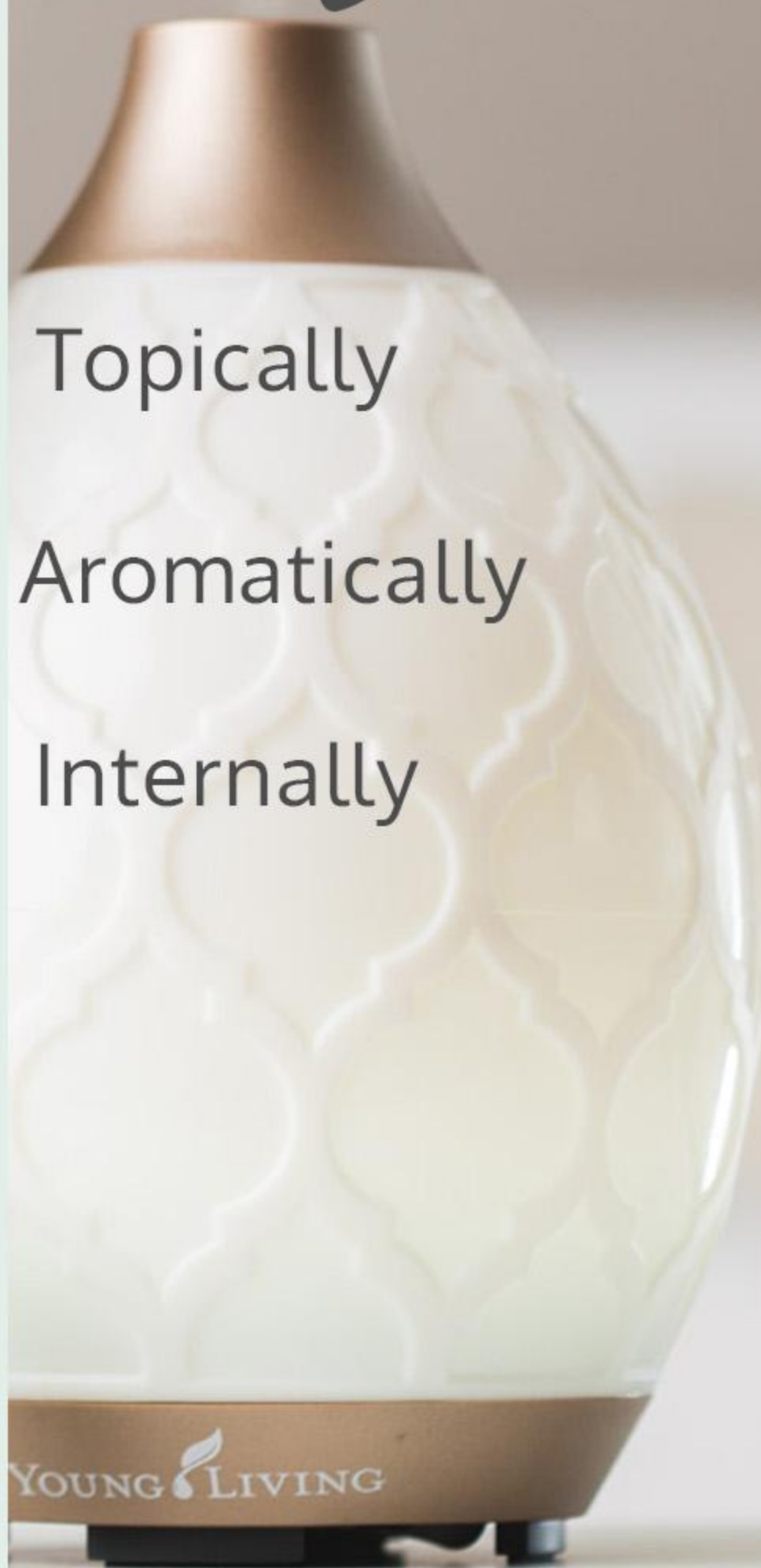


DISCOVER
LIFE-CHANGING
WELLNESS

<https://thelavendermovement.com/what>

How to use oils

1. Topically
2. Aromatically
3. Internally





HOW TO USE OILS



Topically

Young Living oils can be applied directly to the skin, allowing you to specifically target as you see fit. Some oils can be used neat while some require dilution as they are very potent and may be irritating to the skin without a carrier (fatty) oil.

<https://thelavendermovement.com/how>



HOW TO USE OILS

Aromatically

Diffusing essential oils is an easy way to reap the many benefits each oil has to offer!

By adding a few drops to your favorite diffuser, you can brighten any room.

You can also wear jewelry, make a spray, perfume or cologne and become your own walking diffuser!

<https://thelavendermovement.com/how>



HOW TO USE OILS

Internally

Not all oils are created equal!
But fortunately with Young Living
you can use Vitality oils for
internal and dietary use.
Freshen up your daily water intake with
your favorite citrus oil
or even try your hand at cooking
or baking with essential oils!

<https://thelavendermovement.com/how>

white label



internal
dietary

colored label



aromatic
topical

DIFFERENT LABELS

Same oil



INTRODUCING
THE
*Premium
Starter Kit*

12 OILS, 1 DIFFUSER



ENDLESS POSSIBILITIES

<https://thelavendermovement.com/psk>

meet & greet

PEPPERMINT

AIDS HEALTHY
GUT FUNCTION



LAVENDER

SOOTHES SKIN
EASES TENSION



LEMON

HAS ANTIOXIDANT
PROPERTIES

meet & greet

VALOR

INSPIRES
CONFIDENCE
& COURAGE



PEACE &
CALMING

COMFORTING
& SOOTHING

FRANKINCENSE

GREAT FOR SKIN
RELAX AND CALM



meet & greet

CITRUS FRESH
VITALITY

HELPS OVERALL
WELLNESS



RAVEN

COOLING OVER
CHEST & THROAT

DIGIZE
VITALITY

AIDS HEALTHY
DIGESTIVE SYSTEM



meet & greet

PANAWAY

COOLING
MUSCLE RUB



THIEVES
VITALITY

AIDS IMMUNE
SYSTEM

STRESS AWAY

RELAXING &
CALMING



Recipes!

There are so many great
ways to use essential oils...

So here are a few fun
and easy oily recipes!

(Guess what?! All these oils
are in the Premium Starter Kit!)



Peppermint

brownies

Quickly transform your favorite brownies by adding 4-10 drops of Peppermint Vitality oil!

<https://thelavendermovement.com>



LAVENDER SUGAR SCRUB

Using a 2:1 ratio of coconut oil to sugar - you can have your own quick and easy scrub! Once mixed, add in 5-10 drops of Lavender essential oil to each cup of sugar used.

try Thieves tea



Whether you just want to cozy up
or you need to soothe a sore throat -
try Thieves tea!

A handful of YL's Wolfberries,
2 drops of Thieves Vitality,
hot water and some honey
ought to do the trick!

Less Stress



Add equal drops of Stress Away, Lavender and Frankincense to a roller and top it off with your favorite carrier oil. Roll on over wrists and back of neck.

The Trio



Seasonal changes got you down?
Try adding 5 drops each of
Lavender, Peppermint and Lemon
to a capsule or spoonful of honey!
(Add 3 drops of Copaiba
for an added boost)



Muscle Rub

Dilute equal parts PanAway and Peppermint - roll on to soothe sore muscles or near temples for tension

<https://thelavendermovement.com>



GETTING STARTED

IS QUICK AND EASY!

BUT FIRST...

<https://thelavendermovement.com/get-started>

YOU PICK YOUR *Diffuser*



DESSERT MIST, DEWDROP
RAINSTONE, ARIA



IT COMES WITH

12 oils

AND A WHOLE LOT MORE...

With your Premium Starter Kit purchase you become a Preferred Member and get access to the entire Young Living catalog at 24% off retail!

You also get samples of our most beloved items from the Thieves and NingXia product lines.



<https://thelavendermovement.com/psk>

join *Essential* Rewards



You can get **FREE** products every month when you join Essential Rewards. Each month **YOU** choose what gets delivered in your wellness box!

<https://thelavendermovement.com/er>

START YOUR

*wellness
journey*

TODAY!



VISIT MY SITE TO GET STARTED:

<https://thelavendermovement.com/get-started>