

I couldn't not join the Young Living family – my family's health and wellness depended on my choices, after all I was the one who was at the grocery store buying toxic household cleaners and detergents, I was the one who was responsible for introducing a whole host of unsafe products into their environment and bloodstreams – after my research, I knew it was my responsibility to improve their lives and stop what I was doing and embrace everything that Young Living was.



For the first couple of months, I kept my newly found love to myself. I did not share with anyone. I diffused a variety of oils from my Premium Starter Kit, explored how to utilize Thieves Household Cleaner in my kitchen, bathrooms, laundry, and floors and EVERYWHERE else I wanted. I kept my mouth shut and just did what I wanted to do. All the while, I kept reading and researching, assessing, and trying. Once I was comfortable explaining my new found knowledge I started to share with my close friends, I would make them a roller, diffuse something special when they came over, created gifts and attended a craft fair with my products. I started to really listen to what people were saying about their own wellness – I really started to care – not superficially, but care in a way, I did not previously.



As I was listening to my friends and family tell me how they were feeling and hearing how they were feeling, where their aches, pains and stressors were, I started to realize “there was an oil for that”. I would go home after visiting with them, read and create what I believed to provide some benefit for them. I would drop a roller or a spray in the mail with a note acknowledging their individual pain and offer support. Truth be told, I still do that. When someone is going through something, how nice is it to get a little ray of sunshine in the mail, from someone who heard what they were saying?

Here is the scary part – I started my journey with Young Living in June of 2019 – but did not truly embrace the *lifestyle* until November of 2019. Its been a short journey but one of the most impactful journeys I have ever taken in my life. In this brief time, I have learned and shared so much – I have learned to love myself for all my faults and embrace who I am. Why, because I am finally comfortable with who I am. How does this happen?

Here is a short backstory... I had spent the past 20 years volunteering in a non-profit conservation environment raising funds and donating those same funds to other organizations to make an impact on future generations. While I absolutely loved my work, it became a second fulltime job – my drive was to make a positive impact in the conservation world for future generations. While this work was rewarding and I know through my efforts, I will have made a small difference for future generations for the masses. Important – but an exceedingly small water droplet in an enormous ocean.

Through my embracing of Young Living I improved myself, my family's wellness and have positively impacted the lives of others – TODAY and in doing so, I know my efforts will positively impact future generations. I can see the positive impacts almost immediately and most importantly; I am once again making a difference.

At this stage, I continue to explore all the Young Living products, learning specifically what the potential benefits may be and capitalizing on them for myself, my family, and my new team. The journey to wellness never ends, it evolves, and the evolution is an amazing journey. I am sharing my wellness journey to individuals who are curious – individuals who have also struggled in one way or another. Individuals who are exhausted with where they are and individuals with hopes and dreams of where they want to go. Regardless of whether someone is struggling with an emotional, medical or other health condition - or individuals looking for healthy alternatives for supplements and diet improvements, reducing the toxicity of their household products, caring for our pets and of course those individuals who just want to diffuse pure all natural products in their homes. It is a journey I take with them, a journey that helps us all, a journey that is ongoing and a journey to wellness – and one I take very seriously.

As I work with and educate individuals about Young Living, I discourage individuals from joining me, unless they promise that they will utilize the products. Why? We all work hard for our money and I don't want someone to join the journey if they aren't ready – an investment in our wellness is expensive and requires commitment, I want people to be ready for that commitment.

When they are ready – I love to share the valuable resources we have available to us, from YL Corporate, Blogs, Facebook Groups, printed material and my own personal support – I want my team to know we are in this together – working on our wellness together. For me Young Living has become a mind, body, and spirit wellness journey and one I am so grateful to be on. I am grateful to the community that has accepted me with open arms, and to the same community who will embrace those individuals who join with me, I know that their support is unwavering and for that we are all blessed.

Like twenty years ago when I started volunteering for the non-profit, I didn't know what I didn't know, but what I do know is that the only way I learned was from being all in – with Young Living, I am all in, I am in it to be impactful, make a difference, improve the lives of those I love and myself. My "closets" still need decluttering and that will come in time, I am a work in progress – a lifetime of progress – but I know where I am today is a healthier (mind, body and spirit) person than I was in June. I also know, I am helping others – and in doing so, I know the potential to change the course of future generations is in reach and for the first time in a long time – I am comfortable with me.



Thank you to Young Living and the amazing support system for sharing your light, passion, values, and mission with me, I will not let the light fade within me.

With appreciation, respect, and love

Cyndy Boyce

YL: #19303831

Email: todayyoungliving@gmail.com

Website: <https://oily.life/harmoni-todays-yl/>

Facebook: <https://www.facebook.com/todayyoungliving/>

MISSION STATEMENT

We honor our stewardship to champion nature's living energy, essential oils, by fostering a community of healing and discovery while inspiring individuals to wellness, purpose, and abundance.

