

# *Lemon Broccoli Soup with Cashew Cream*

The cashews are added right in the mix to create a creamy texture. For a fancy look, blend them separately with a bit of water - then swirl onto the top.



Add to blender:

Lightly steamed broccoli (fill blender up to 3" from the top)

½ cup bone broth (chicken broth or water can be substituted)

½ cup raw cashews

5 drops Young Living Lemon Essential Oil

Sea Salt & Freshly ground Pepper to taste

Blend just until creamy.

Adjust liquid to suite desired consistency.

Adjust seasonings.

